



**Healing the Heart of Mother Earth
Crystal and Essential Oil Earth Healing Retreat
With Guest Author Nicholas Pearson**

**Chalice Well, Glastonbury UK
Saturday 31st August 2019 - Wednesday 4th September 2019**

Dear Travellers,

Thank you so much for enquiring about our Chalice and Thyme 'Healing the Heart of Mother Earth Retreat' with Nicholas Pearson. We are very excited to share this event, staying at the Chalice Well Lodge, visiting sacred sites such as Avebury and Stonehenge, and sharing rituals and classes with you.

Included in this pack is the necessary information and the forms for us to continue this journey together.

The total cost of the retreat is £1275 per person. This **does not** include the cost of any travel arrangements required for you to get to the Chalice Well. To secure your place, a £300 non-refundable deposit is payable on registration. Payment of the remaining balance of £975 must be made no later than 24th May 2019.

Anyone with an unpaid balance after 24th May 2019 could forfeit their place on the retreat with no refund.

To register and reserve your place, when paying your deposit, please also complete the Booking Form, Medical Form, and Release and Waiver Agreement clearly and email to: chaliceandthyme@gmail.com. Alternatively you can send these by post to Karen Ainsworth, 3 Mayflower Avenue, Penwortham, Preston, Lancashire PR1 0LJ, UK.

We look forward to spending this magical time together with you.

With blessings,

Karen and Dan
Chalice and Thyme

Retreat Information

Accommodation

We will be staying at the Chalice Well Lodge, 85 Chilkwell Street, Glastonbury, Somerset, BA6 8DD, UK

Telephone: 01458-831158

Website: www.chalicewell.org.uk

Room/room-mate assignments will be allocated on arrival. If you are travelling with someone you know and have a roommate preference, please let us know in advance.

Food

The Chalice Well accommodation allows for only vegetarian food. Bringing meat onto the premises is prohibited. Three meals per day, plus snacks and refreshments, will be provided as part of the price for the retreat. Glastonbury town centre is a five minute walk away and has a wealth of cafes, restaurants and bars, so there is plenty of choice if you chose to eat out at any time. Please let us know of any plans you have in advance in order for us to adjust our own catering provisions.

Currency, Credit Cards and International Data Plans

If you are arriving from outside of the UK, we recommend you obtain your currency prior to travelling. If using Bank ATM cards and/or Credit Cards, please notify all banks and services that you are travelling abroad, with dates and locations.

Money belts for cash and important travel documents such as your passport are recommended.

An International Data Plan for your mobile is also recommended for keeping in contact with family and friends. The use of mobile phones within the Chalice Well accommodation is however prohibited and WiFi is not provided.

Weather and Clothing

The UK can be sunny and warm in the summer, but cool temperatures and rain are also possible, so please plan accordingly.

While we'll be participating in a number of earth healing ceremonies, there is no specific dress code other than comfortable clothing and perhaps layers to ensure you are not too hot/cold.

Suggested Items:

Documents and photocopies of documents (we recommend you keep photocopies in your luggage in case your passport is lost or stolen). If you have a digital camera or smartphone, consider taking photos of your important documents and storing them.

Camera/Smartphone Camera - including batteries/charger

Watch/Clock/Alarm

Power Adapter (as/if appropriate)

Flashlight

Glasses/Contact Lenses (and all necessary solutions)

Earplugs

Hair-Dryer

Medicine, Supplements and Vitamins (all in marked bottles)

First Aid Kit

Bug Spray

Toiletries Kit (inc soap/shampoo/conditioner)

Sunscreen/Sunglasses

Rainwear (including a waterproof jacket with a hood)

Shoes (suitable for keep walking cross country/fields)

Umbrella

Reusable Water Bottle

Journal/Notebook/Pens/Pencils

Sewing Kit

Transport

Transportation from Glastonbury to Avebury, Woodhenge and Stonehenge return is provided within the price of the retreat. You are responsible for arranging and paying for any other transport required. Chalice and Thyme will endeavour to assist with any travel plans if needed.

Contact Information

Email: chaliceandthyme@gmail.com

Mobile UK: Karen Ainsworth - 07800-668866 (+44 7800 668866)

Mobile USA: Dan Lupacchino - 1 (860) 716-274

Personal Items and Group Work

A group altar will be created, so please feel free to bring small sacred items you might like to work with and charge throughout the retreat.

Schedule

Due to the private nature of this retreat and the unpredictable weather in the UK, we reserve the right to change or adapt our schedule based upon weather, group, and regional conditions. Some locations and events might be substituted for others to fulfil the spiritual intentions of the trip. Hikes, ceremonies and meditations will all take place rain or shine, so please plan accordingly. Participants may opt out of any of the events if they feel called to do so, but no refund will be due.

Retreat members will have group and solitary time available in the evenings as they desire. Teachings, meditations, ceremonies and offerings will be held every day.



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BOOKING FORM

Name:	
Address:	
Contact Number:	
Email Address:	
Dietary Needs? (Vegan/Gluten-Free Mushroom-Free etc)	
Terms and Conditions	Non-refundable deposit of £300 due on booking/registration Balance £975 due in full by May 24 th 2019
Payment Method	UK - Bank Transfer, Cheque, Paypal International - Bank Transfer, Paypal

Chalice and Thyme 'Healing the Heart of Mother Earth Retreat' Medical Form

Please complete one Medical Form per person.
Please print clearly. Use additional pages if necessary.

Retreat Member Legal Name:

This is a two-part form in which we need medical information from you, the name of the person(s) to contact in case of an emergency, as well as the name and phone number of your current doctor/physician. All information provided will be kept in strictest confidence and is only requested in the event of a medical or psychological emergency, to be provided to the attending doctor/physician.

Part 1: Medical Information

Please list any present or past health problems or conditions that could affect, limit, or inhibit your ability to participate fully in the retreat (including adverse effects from heart disease, dietary restrictions, weight restrictions, allergies, arthritis, deafness, vision impairment/blindness, cancer, alcoholism, drug addiction, physical limitations or disabilities, or mental conditions) and any medication you are taking currently to treat these issues. We reserve the right prior to the retreat, to ask for a doctor's written approval verifying that you are physically able to travel with us, if we have any reason to believe that the rigours of this trip may damage or impair your health.

Health Issues:

Allergies:

Dietary Restrictions:

Prescription Medications (including dosage per day and the condition being treated):

Doctor's Name:

Phone Number(s):

Address including City/State:

Part 2: Emergency Contacts

Please list the names of anyone you wish us to contact in case of an emergency during your retreat. Please include a telephone number with the area code and email address. This information will be kept in strictest confidence, and will only be used when deemed necessary by retreat staff.

Name:

Relationship:

Day Phone with Area Code:

Evening Phone with Area Code:

Mobile:

Email:

Each retreat member must complete and sign this form prior to participating in the retreat.

I CONFIRM THAT THE ABOVE INFORMATION IS COMPLETE AND ACCURATE

Signature

Date:

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Release and Waiver Agreement

Please complete one Release and Waiver Agreement per retreat member.
Please print clearly.

Retreat Member Legal Name:

Travelling of any kind can involve risks and hazards. Although Chalice and Thyme will use every resource available to make this retreat as safe and enjoyable as possible, inconveniences such as accidents and illnesses can occur. If you are travelling from outside of the UK, local customs, lodging, transport, food and water may all be different to what you are used to or expecting.

By signing this document, you agree to assume the risks of travelling within the United Kingdom, however great or slight they may be. You understand that you are assuming full responsibility for any risks, and that Chalice and Thyme (its owners, hosts and staff), are **not liable** for any accidents, injuries, illnesses, medical conditions, or Acts of God/Goddess including natural disasters. You further understand that Chalice and Thyme (its owners, hosts or staff), **do not** provide medical health care or any related services, neither do we provide any insurance for the retreat. You therefore agree to ensure that your own health needs and insurance (and the needs of your spouse/partner and family if in attendance), are taken care of by yourself.

In return for the consideration of participating in this retreat with Chalice and Thyme, and in consideration of the funds you have paid and our agreement with you, you also agree to waive and release any claim you and your family members or spouse could assert against us. Your waiver includes all claims and disputes regarding retreat accommodation, food service or quality, transportation, sightseeing, and itinerary. You further acknowledge that the retreat could encounter strikes, theft, political instability, poor travel roads, action by police, customs or local law officials, inclement weather, civil unrest, incidents of war, sabotage or terrorism. Your waiver also includes personal or property damage, injuries or death, and all events arising out of that which is unknown, unanticipated or unforeseeable.

You understand and agree that if someone should assert a claim or demand, or cause of action against you for something that arises out of, or relates to, this retreat, you have agreed that you cannot in turn seek any contribution, indemnity or defence from Chalice and Thyme.

Furthermore, at times, retreat members can behave in a manner that is incompatible with the safety, comfort or convenience of other members of the retreat group. You agree that in such circumstances Chalice and Thyme have the exclusive right and discretion to expel anyone from the event at any time, without any claims or complaints by you against them.

You understand that this retreat has a physical component to it, including walking and standing while sight-seeing and carrying your own luggage. Healing tools such as crystals, essences and essential oils will be used throughout the workshops and it is your responsibility to raise any concerns you might have about your personal use of them. You further understand this is a no smoking retreat. Smoking is therefore not permitted in the Chalice Well accommodation, the gardens, during travel with other retreat members, and while participating in all outdoor rituals, classes and ceremonies.

Finally, you understand that your private information, including address, phone number and email, will not be shared with anyone in the retreat group unless you yourself choose to share it privately. Confidentiality concerning the experiences and shared stories of all participants in the group is expected at all times.

We strongly recommend you purchase your own travel and medical insurance for the duration of your travel.

I have read and understand this Release and Waiver Agreement and accept this document has a legal and binding effect on me (my spouse/partner and family). I further understand that altering this document in any way will render it invalid.

I understand by signing this Release and Waiver Agreement, I am bound by all the Terms and Conditions related to this retreat.

I certify I am over the age of eighteen.

Signature:

Date: